

VOLUNTEER OPPORTUNITIES

You can join us individually or come as a part of a group. We offer a wide range of volunteer opportunities – choose something that fits you!



INDIVIDUAL

FRIENDLY VISITOR PROGRAM (one-on-one visits)

- Conversations – visits & phone calls
- Furry Friends – visit with your pet
- Walks outside
- Errands (shopping for a resident, etc.)
- Games – chess, cards, board games
- Organizational projects

ACTIVITIES ASSISTANT

- Assisting in activities (BINGO, arts & crafts)
- Serving refreshments at events

DINING ROOM HOST

- Serving meals and drinks
- Bussing tables

MORE-THAN-A-MEAL PROGRAM

- Help feed a resident
- Save a life

STAFF ASSISTANCE

- Front desk coverage
- Data entry
- Mailings
- Office work

GROUNDS & GARDEN WORK

- Watering the garden

EDUCATION/TRAINING

- English language lessons
- Computer training
- Craft class
- Teach residents your expertise!

SPIRITUAL SUPPORT

- Lead or assist a worship service

SWEET CONVERSATIONS

- Cook dinner or take a resident out for a meal/coffee/ice cream

CONCERTS/RECITALS

- Music: any style, any culture

GROUP

CONCERTS/RECITALS

- Music: any style, any culture

SHOWS/ENTERTAINMENT

- Dances
- Plays/dramatic performances
- Magic shows

SOCIAL

- Host a BBQ
- Ice cream/dessert social

LEAD WORKSHOPS

- Share your expertise with residents

ACTIVITY ENRICHMENT PROGRAM (AEP)

- Enjoy a panel discussion with residents sharing their life experiences. Learn what life really was like from living historians.

GAMES

- Bingo/Pokeno

ARTS & CRAFTS PROJECTS

- Assist residents in making projects

SPIRITUAL SUPPORT

- Lead or assist a worship service

OUTINGS/ENTERTAINMENT

- Invite our residents off-campus for a walk or performance

For more information about how you can contribute to the lives of our seniors, contact Lytton's volunteer dept. at (650) 617-7367 or email us at volunteer@lyttongardens.org