

Sample Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	REG. CHEESE OMELETTE/SAUSAGE - Omelette 3 oz, Cheddar Cheese .25 oz., Sausage OR RICE KRISPIES - .63 oz w/Bowl OAT BRAN MUFFIN - 1 ea	WAFFLE/BACON - Waffle Sticks 3 ea, Bacon Slice 2 ea OR SPECIAL K - .75 oz ZUCCHINI MUFFIN - 1 ea	VARIETY SCONE - 2 oz VARIETY YOGURT - 4 oz OR RAISIN BRAN - 1.25 oz CRANBERRY MUFFIN - 1 ea	PEACH CREPE/SCRAMBLED EGGS/TURKEY SAUSAGE - Filled Crepe 2.5 oz. OR OATMEAL - 1.5 oz PLAIN DONUT - 1 ea	CINNAMON ROLL - 1 ea VARIETY YOGURT - 4 oz OR CHEERIOS - .63 oz BLUEBERRY MUFFIN - 1 ea	REG VEGETABLE CHEESE FRITTATA - 4 oz TURKEY SAUSAGE - 2 ea OR CORN FLAKES - .75 oz BANANA MUFFIN - 1 ea	PLAIN OMELETTE - Plain Omelette 3 oz, DICED Hash Brown Potatoes 3 oz. OR RICE KRISPIES - .63 oz WRAPPED DANISH - 1 ea
LUNCH, select 1 Entrée	CHICKEN NOODLE SOUP	SEVEN BEAN MEDLEY SOUP	MINISTRONE	FRENCH ONION	LUMBERJACK VEGETABLE	OLD FASHION CHICKEN NOODLE	HARVEST GRAIN & MUSHROOM
1	SOFT GARDEN STUFFED SHELLS	REG CHICKEN CAESAR SALAD,	CHILE RELLENO	CABBAGE ROLL w/Sauce	GARDEN VEGETABLE & CHEESE LASAGNA	KRABBYCAKE	SEASONED CHICKEN STRIPS
2	REG ROAST BEEF	MOD. MEATLOAF	FRIED CHICKEN	DELI PLATTER	TUNA PASTA SALAD	REG CHICKEN SALAD SANDWICH	CHEF SALAD
3	CHEF SALAD	FISHSTICKS	BEEF PROVENCE	ORIENTAL CHICKEN SALAD	SMOKED TURKEY SANDWICH	CHEESE & BEAN BURRITO SPANISH RICE PEAS & CORN	FISHSTICKS, SPIRAL NOODLES
	Iced Carrot Cake	FRESH FRUIT	OATMEAL RAISIN COOKIE	FRESH FRUIT	LEMON BAR	FRESH FRUIT	RASPBERRY PUDDING
Dinner, select 1 Entrée	SPINACH MIXED SALAD W/EGG & BACON	LETTUCE LEAF	RED POTATO SALAD	CAESAR SALAD	SPRING MIX SALAD W/CUCUMBER & RADISH	SPRING MIX SALAD W/TOMATO	CUCUMBER SALAD ON LETTUCE LEAF
1	BBQ PORK RIBLET	REG BEEF BORDELAISE	TURKEY FRITTER Country Gravy	CHICKEN MARSALA	SHREDDED PORK Brown Gravy	BEEF IN CHIPOTLE SAUCE	BREADED PORK CUTLET Gravy
2	SEAFOOD CREPE	CHILI STUFFED BAKED POTATO	STUFFED SALMON	SWEDISH MEATBALLS	GLAZED CHICKEN	CHICKEN PLUM	ROAST BEEF
3	CHEESEBURGER	ROAST PORK	GARLIC SAUSAGE -	TUNA NOODLE CASSEROLE	H/C MEATLOAF	CALIFORNIA CHICKEN SALAD	CHICKEN TAQUITOS
	FRESH FRUIT	CHOCOLATE BROWNIE	FRESH FRUIT	VARIETY CHEESECAKE -	FRESH FRUIT	STRAWBERRY CREME CAKE	FRESH FRUIT