

SUN	MON	TUE	WED	THU	FRI	SAT	
			<b>8:15 AM Tai Chi (A)</b> 10:00 AM Sit & Be Fit with Cindy Chu (A) 1:00 PM Chinese Bible Study (Lytton 1 Dining room) 1:30 PM Vespers (S) 7:00 PM Dancing Party (L1)	<b>1</b> 9:00 AM Trader Joe's (L2) <b>10:00 AM Brown Bag (Lytton 1 Gazebo Area)</b> <b>10:00 AM GIFT SHOP (Lytton 2)</b> 1:30 PM Gentle Exercise (A) 3:00 PM Flower Arrangement (A)	<b>2</b> <b>8:15 AM Tai Chi (A)</b> <b>10:00 AM MARINA MARKET OUTING (Lytton 4)</b> 10:00 AM Chinese Art Class (Lytton 1 Dining Room) 7:00 PM Bingo (Lytton 1 Dining Room)	<b>3</b> <b>8:15 AM Tai Chi (A)</b> 2:00 PM Music by "The Alligator" (A) 7:00 PM Bingo (LID)	<b>4</b>
11:00 AM Musical Movement (A) 3:00 PM Omree's Jazz Performances (A)	<b>5</b> <b>8:15 AM Tai Chi (A)</b> 9:00 AM Safeway (L2) 3:45 PM Current Events with Rolene (A)	<b>6</b> <b>8:15 AM Tai Chi (A)</b> 10:00 AM Creative Art Class (A) <b>10:00 AM GIFT SHOP (Lytton 2)</b> 1:30 PM Gentle Exercise (A) 3:15 PM Pray Rosary (A)	<b>7</b> <b>8:15 AM Tai Chi (A)</b> 10:00 AM Sit & Be Fit with Cindy Chu (A) 1:30 PM Catholic Mass (A) 3:00 PM Birthday Party with Brad Bryant (A) 7:00 PM Dancing Party (L1)	<b>8</b> 9:00 AM Trader Joe's (L2) <b>10:00 AM Brown Bag (Lytton 1 Gazebo Area)</b> <b>10:00 AM GIFT SHOP (Lytton 2)</b> 1:15 PM Wal-mart Shopping (L2) 1:30 PM Gentle Exercise (Sawyer Classroom, 2nd. Floor) 3:00 PM Flower Arrangement (A)	<b>9</b> <b>8:15 AM Tai Chi (A)</b> 10:00 AM Chinese Art Class (Lytton 1 Dining Room) <b>11:30 AM Half Moon Bay (L1 Front Lobby)</b> 7:00 PM Bingo (Lytton 1 Dining Room)	<b>10</b> <b>8:15 AM Tai Chi (A)</b> 2:00 PM Concert with Larry Martin (A) 7:00 PM Bingo (LID)	<b>11</b>
1:00 PM Divisa Ensemble Performances (A)	<b>12</b> <b>8:15 AM Tai Chi (A)</b> 9:00 AM Safeway (L2) 3:45 PM Current Events with Rolene (A)	<b>13</b> <b>8:15 AM Tai Chi (A)</b> <b>10:00 AM FARMERS MARKET (Lytton 1 Gazebo Area)</b> <b>10:00 AM GIFT SHOP (Lytton 2)</b> 10:00 AM Valentine's Day Crafts & Visits (A) 1:30 PM Gentle Exercise (A) 3:00 PM Knitting Circle (S) 3:15 PM Pray Rosary (A) 7:00 PM Poker Night (A)	<b>14</b> <b>8:15 AM Tai Chi (A)</b> 10:00 AM Sit & Be Fit with Cindy Chu (A) 11:00 AM Book Club (S) 1:30 PM Vespers (S) 7:00 PM Dancing Party (L1)	<b>15</b> 9:00 AM Trader Joe's (L2) <b>10:00 AM Brown Bag (Lytton 1 Gazebo Area)</b> <b>10:00 AM GIFT SHOP (Lytton 2)</b> 1:15 PM Dollar Tree Store Outing (L2) 1:30 PM Gentle Exercise (A) 3:00 PM Flower Arrangement (A)	<b>16</b> <b>8:15 AM Tai Chi (A)</b> <b>10:00 AM CHINATOWN OUTING (L4 Front Lobby)</b> 10:00 AM Chinese Art Class (Lytton 1 Dining Room) 3:30 PM Mardi Gras Masks Crafts (A) 6:00 PM Shabbat Service (A) 7:00 PM Bingo (Lytton 1 Dining Room)	<b>17</b> <b>8:15 AM Tai Chi (A)</b> 2:00 PM Concert with Ed Davin (A) 7:00 PM Bingo (LID)	<b>18</b>
11:00 AM Musical Movement (A) 2:00 PM Bingo & Games with HOBA Volunteers! (A)	<b>19</b> <b>Presidents Day</b> <b>8:15 AM Tai Chi (A)</b> <b>10:00 AM San Francisco Modern of Art (L1LOB)</b> 2:00 PM Concert with Jim Stevens (A)	<b>20</b> <b>8:15 AM Tai Chi (A)</b> 9:00 AM Safeway Shopping (L2) 10:00 AM Creative Art Class (A) <b>10:00 AM GIFT SHOP (Lytton 2)</b> 1:30 PM Gentle Exercise (S) 3:15 PM Pray Rosary (A) <b>7:00 PM L.G.R.A. Meeting (ID)</b>	<b>21</b> <b>8:15 AM Tai Chi (A)</b> 10:00 AM Sit & Be Fit with Cindy Chu (A) 1:30 PM Communion (S) 7:00 PM Dancing Party (L1)	<b>22</b> 9:00 AM Trader Joe's (L2) <b>10:00 AM Brown Bag (Lytton 1 Gazebo Area)</b> <b>10:00 AM GIFT SHOP (Lytton 2)</b> 1:30 PM Gentle Exercise (A)	<b>23</b> <b>8:15 AM Tai Chi (A)</b> <b>10:00 AM CHINATOWN OUTING (L1)</b> 10:00 AM Chinese Art Class (Lytton 1 Dining Room) 2:15 PM Goodies with Abilities United (L2) 7:00 PM Bingo (Lytton 1 Dining Room)	<b>24</b> <b>8:15 AM Tai Chi (A)</b> 2:00 PM Concert with Anna Maggiora (A) 7:00 PM Bingo (LID)	<b>25</b>
2:00 PM Movie Matinee (A)	<b>26</b> <b>8:15 AM Tai Chi (A)</b> 9:00 AM Safeway (L2) 3:45 PM Current Events with Rolene (A)	<b>27</b> <b>8:15 AM Tai Chi (A)</b> 10:00 AM Creative Art Class (A) <b>10:00 AM GIFT SHOP (Lytton 2)</b> 3:00 PM Knitting Circle (S) 3:15 PM Pray Rosary (A) 7:00 PM Poker Night (A)	<b>28</b> <b>8:15 AM Tai Chi (A)</b> 10:00 AM Sit & Be Fit with Cindy Chu (A) 1:30 PM Vespers (S) 3:00 PM Nutrition and Healthy Aging Presentation (A) 7:00 PM Dancing Party (L1)	<b>29</b> <b>ROOM KEY</b> L2 - Assisted Living Front Lobby A - Auditorium L1LOB - L1 Lobby L1 - Lytton 1 ID - Lytton Arbor Dining Room ID - Lytton Arbor Dining Room S - Sawyer Classroom, 2nd. Fl.			

# February 2012

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 Questions? Call Kathy @ 617-7411